

FEED-BACK – CHILDREN AND YOUNG PEOPLE

PARENTS AND TEACHERS

I have observed that D is beginning to be more attentive and less distracted at story time. Engaging and listening to both the teacher and other children. **He smiles more and looks less worried.** The feed-back from the dramatherapist is very helpful so that we can support D in his journey through healing from the domestic violence he has witnessed toward his mother.

My daughter has really enjoyed the dramatherapy sessions. She has looked forward to coming to them and has made new friends. The sessions have helped her to better understand social interaction and get used to how other children behave without the confines of school. The sessions have also encouraged her to be creative and to use her imagination. We have enjoyed seeing and her new interactions. Many thanks.

P has enjoyed attending Dramatherapy and it has been an important part of his week. P would often return from these sessions quiet, relaxed and calmer. He would sometimes refer to them during the week – stating what he might talk about or making reference to issues discussed. P would also tell us about strategies that may have been suggested. P has appeared to use this time to discuss his thoughts & feelings and opinions. It has enabled him to adapt some behaviour in a positive way as well as give us a reference to strategies that he has been involved in considering.

S is a child who has few positive interactions with adults outside school. He often appears sad and worried and going to dramatherapy was a wonderful way to give him some fun with caring adults and plenty of attention. His self-esteem has improved and he responded well to the sessions by asking when they were and obviously looking forward to them.

C is experiencing some very difficult family issues at the moment. As a result, C is quite anxious and can get cross. The Dramatherapy team have built a great relationship with C and have supported him with dealing with his emotions. C trusts the dramatherapists and really looks forward to and benefits from the sessions. As a result we have noticed a change in his behaviour and C is slowly beginning to understand his emotions and that his actions can have an effect on the emotions of others. The dramatherapists have been hugely supportive of our work in the classroom and have given advice and strategies that we can use with C. Finally, they have also met with C's mother to give her advice and support, and used the information given by her to help C further. I feel that C would have really struggled without the help of the Dramatherapy team.

This service has literally been a life-saver for Y and our family. At times during this year, it has been the only place where Y has been able to relax and where he has felt valued and listened to. The service has helped Y and us through some difficult times and issues and has really helped reduce anxiety, both for Y and us. Thank you so much.