

# A Make Our Own Story by Brenna - The Hero's Quest

## Instructions:

In Dramatherapy we often hear and tell a lot of stories together. Using these steps in three parts, we can make a story together even when we are not in the same place.

In Part 1 there are prompts that you can fill in together with your Parent/Carer.

In Part 2, I've written parts of a story, but I need your help to fill in the blanks.

Once Part 1 is all finished, your Parent/Carer will put all your answers from Part 1, into Part 2.

You can help them if you choose, but sometimes it's fun to let them fill in the blanks... That way when you read the story together, and hear it back, it's a surprise!

Part 3 invites you to draw pictures or write about your feelings, or your story.

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## PART 1:

Adjective (a descriptive word!): \_\_\_\_\_

A Name: \_\_\_\_\_

(This will later be referred to as Name 1)

Adjective (a descriptive word!): \_\_\_\_\_

Type of Animal (plural) \_\_\_\_\_

Verb ('ing' action word): \_\_\_\_\_

A Type of Food: \_\_\_\_\_

Adjective (descriptive word): \_\_\_\_\_

This will later be referred to as Adjective\* \*

Object: \_\_\_\_\_

(Later Referred to as Object 1)

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Adjective (a descriptive word!): \_\_\_\_\_

Royal Family Member (like a prince, princess king or queen):

\_\_\_\_\_

The Name of A Place: \_\_\_\_\_  
(You can make up a name if you want!)

A Verb ('ing' action word!): \_\_\_\_\_

An Adjective (a descriptive word!): \_\_\_\_\_

A Size (like, big, small, gigantic etc): \_\_\_\_\_

Type of Animal: \_\_\_\_\_

A Name: \_\_\_\_\_  
(This will later be referred to as Name 2)

An Adjective (a descriptive word!): \_\_\_\_\_

A Type of Animal: \_\_\_\_\_

A Number: \_\_\_\_\_

A Size: \_\_\_\_\_

A Colour: \_\_\_\_\_

A Name: \_\_\_\_\_  
(This will later be referred to as name 3)

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An Adjective (a descriptive word): \_\_\_\_\_

An Adjective (A descriptive word): \_\_\_\_\_

A Smell you like!: \_\_\_\_\_

A Colour: \_\_\_\_\_

A Colour: \_\_\_\_\_

Object (plural): \_\_\_\_\_  
(Later referred to as Objects 3)

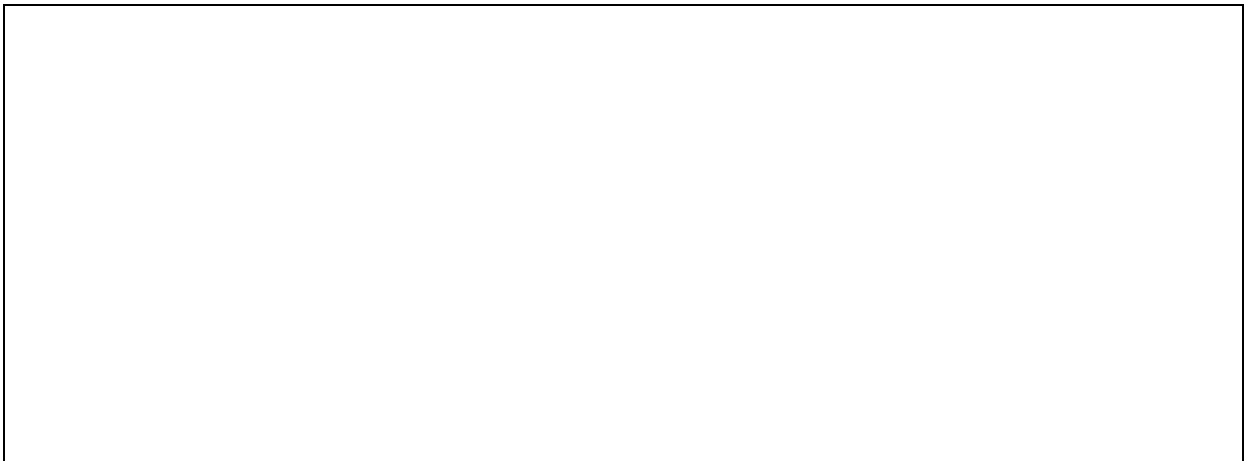
Object (plural): \_\_\_\_\_  
(Later referred to as Objects 4)

An Adjective (A descriptive word): \_\_\_\_\_

A Verb (an action word): \_\_\_\_\_  
(Later referred to as Verb -the test)

**Okay All finished, with Part 1. Well done!**

If you'd like, take some time to draw a picture of an animal you chose in part 1.



Now time to move onto Part 2. ☺

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## PART 2

In a land far away lived a \_\_\_\_\_ hero named \_\_\_\_\_ who was beginning  
Adjective Name 1

their \_\_\_\_\_ quest. \_\_\_\_\_ was heading off to the land of \_\_\_\_\_  
Adjective Name 1 Animal (plural)

, \_\_\_\_\_, and \_\_\_\_\_. They had to go their to find the \_\_\_\_\_  
Verb plural A Type of Food Adjective

\_\_\_\_\_ that belonged the \_\_\_\_\_ \_\_\_\_\_ of \_\_\_\_\_.  
Object Adjective Royal Family Member Name of Place

\_\_\_\_\_ decided they would travel by \_\_\_\_\_ and off they went!  
Name 1 Verb

Part way through their journey they heard a \_\_\_\_\_ sound coming from behind a bush.  
Adjective

\_\_\_\_\_ stopped and listened.... They heard it again! 'Who or What is making that  
Name 1

sound' \_\_\_\_\_ exclaimed. All of a sudden a \_\_\_\_\_ \_\_\_\_\_ jumped out  
Name 1 Size Animal

from behind the bush. 'It's me, \_\_\_\_\_' said the creature. 'I didn't mean to surprise  
Name 2

you, I was just practicing my singing' \_\_\_\_\_ continued, 'I haven't seen you around here  
Name 2

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before have I? What are you doing around these parts?'. \_\_\_\_\_ shared all about the  
Name 1

quest and \_\_\_\_\_ listened. 'Oh I've heard of the thing you seek!' said \_\_\_\_\_  
Name 2 Name 2

'The old stories say that its guarded by a \_\_\_\_\_ with \_\_\_\_\_  
Adjective Type of Animal A Number

eyes, \_\_\_\_\_ teeth, wearing a \_\_\_\_\_ hat, who goes by the name of \_\_\_\_\_.  
A Size A colour Name 3

'Do you know where I can find \_\_\_\_\_' asked \_\_\_\_\_. 'Hmmm I think I  
Name 3 Name 1

might be able to show you' said \_\_\_\_\_. 'Okay let's go together then' said \_\_\_\_\_  
Name 2 Name 1

and off they went!

First they walked through the \_\_\_\_\_ forest, then they waded through the \_\_\_\_\_  
Adjective Adjective

river which for some reason smelt like \_\_\_\_\_, then they saw a \_\_\_\_\_ cave.  
A smell you like! A Colour

'In there!' said \_\_\_\_\_. They crept into the opening of the cave, and noticed they saw a  
Name 2

glowing \_\_\_\_\_ coloured light. They walked towards the light, and the cave's narrow  
Colour

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tunnels opened up into a big room, filled with \_\_\_\_\_, and \_\_\_\_\_. In the  
Objects 3 Objects 4

middle of the room sat \_\_\_\_\_ who looked just as \_\_\_\_\_ had described them.  
Name 3 Name 2

'Who dares enter my cave' said \_\_\_\_\_. It's me \_\_\_\_\_ I am here to collect the  
Name 3 Name 1

\_\_\_\_\_ for the \_\_\_\_\_. 'Ah' said \_\_\_\_\_ then you are prepared to  
Object 1 Royal Family Member Name 3

undertake the test of \_\_\_\_\_. 'I suppose I am!' said \_\_\_\_\_. 'Then step right up  
Verb -the test Name 1

and give it your best try' said \_\_\_\_\_. \_\_\_\_\_ as best as  
Name 3 Name 1 A Verb (the test)

they could.

'I can't believe it! You've done it!' said \_\_\_\_\_, 'Okay you may take the  
Name 3

\_\_\_\_\_ and \_\_\_\_\_ proudly exited the  
Adjective Object 1 Name 1 Name 2

cave and headed towards the \_\_\_\_\_'s castle. They stayed friend's for many years,  
Royal Family Member

and told the story of their quest to anyone who would listen.

## ~ The End ~

## **A Make Our Own Story by Brenna - The Hero's Quest**

### **PART 3**

Who were the character's in your story?

What was the object that the hero of your story was collecting?

What did your hero do to pass the test in the cave?

Fill this page with drawings of your story!

If you fill this page up, but still have more to draw or write... you can continue on another page or use the back of this one. 😊